

MURRIETA VALLEY HIGH SCHOOL NIGHTHAWK NEWS



Keeping our families connected

AUGUST 2022

Letter From Our Principal



Dear Parents and Students,

We have had a great start to the 2022-2023 school year! Our first day of school was devoted to connecting with students, focusing on student social and emotional needs, procedures, and school spirit. Our school motto for the year is, "Catch the Spirit", as our mission is to build relationships with students and to impact their lives both academically, socially, and emotionally. We will hold our Welcome/Expectations assemblies for all 9th graders to ease their transition to MVHS during week 1. We begin our "Office Hours," which is in-school intervention, the second week of school. Office Hours takes place on Thursdays and Fridays after the first block and students visit the teacher of their choice to receive additional academic support. Back to School Night is Monday August 29th and we look forward to see everything that have going on at MVHS!

We encourage our students to get involved on campus. Students were given a survey the first day of school through the 5-Star App and the student interest feedback is being used to connect students with activities they enjoy. Our Club Rush is coming up in September. We have a variety of clubs for students to connect with and if your student has a desire to start a club have them visit the Hawk Rock. Our academic programs include International Baccalaureate (IB) and Advanced Placement (AP) courses. Our 8 CTE pathways include: Foods, Photography, Business, Auto Mechanics, Engineering, Law Enforcement, Computer Programming, and Fire Science. We also have the Mount San Jacinto Community College annex on our campus where students can take classes for dual credit. If you are interested in any of our programs our counselors are a great resource. Our academic competitions include Mock Trial, Virtual Enterprise, Science Olympiad, and Robotics. There is something for every student between our award-winning Performing Arts mixed with our successful Athletic Programs. We also have strong leadership programs on campus to allow our students to take ownership of our growing and engaging culture. Leadership classes include Marine Junior ROTC, Senate, ASB, PLUS, Link Crew, and Nighthawk Pride.

Doing it the R.I.T.E. Way (Respect, Integrity, Teamwork, & Excellence),

Go Nighthawks!

Ryan Tukua

Principal Murrieta Valley High School



MURRIETA NIGHTHAWK ATHLETICS!

GO TEAM!

August 2022

[HTTPS://WWW.MURRIETAVALLEYNIGHTHAWKS.COM/](https://www.murrietavalleynighthawks.com/)

- Visit athletic website through the link above
- ACT December 11th
- NCAA Eligibility Center- Register your athlete here
- Summer camp info will be out May 1st!



NIGHTHAWK HIGHLIGHTS!!!

Let's go Nighthawks!

**Want to play your sport while you
continue your education?**

**Start here by following the link above
to search schools that host your sport
AND what you'd like to study.**



Welcome Back Nighthawks!!

**If you would like to play a sport this year,
please make sure you are cleared through
the Athletic department.**

**Any questions, please contact Karee Mason via
email below.**

Your Athletic Director is Mr. Mott- [Email him here.](#)

Your Athletic Secretary is Karee Mason- [Email her here.](#)



AUGUST

For Website Activities page follow this link



Aimee Freemer
Murrieta Valley High School
Physical Education
Link Crew Coordinator
PLUS Team Advisor
amfreemer@murrieta.k12.ca.us



PLUS PLUS & LINK CREW NEWS

On Friday August 5th, the Murrieta Valley High School Link Crew welcomed 415 freshmen at Orientation! Leaders took their freshmen through activities that are going to help them be successful in high school, talk about what it means to be a Nighthawk, encouraged participation as they get on campus, helped them make new connections with the leaders and friends, and gave campus tours. The Class of 2026 is now officially a member of the Nighthawk Family and is ready for their first day of high school!!!!



STUDENT SUPPORT CENTER

- [APMR. CALIFANO EMAIL](#)
- [SECRETARY VERONICA RUIZ EMAIL](#)
- [SENIOR CONTRACT- CLICK HERE](#)
- [STUDENT HANDBOOK PDF](#)
- [CHECK OUT OUR PLUS PROGRAM HERE](#)
- LOST AND FOUND IS IN ROOM 814



The Support Team staff would like to thank our families for your consistent support! Together we can keep our students on the right path towards a successful year!

Welcome to our new AP of Student Support Mr. Califano!!
Be sure to introduce yourselves.

HELPFUL ATTENDANCE INFORMATION

- Students arriving over 30 minutes late to school must have a parent/guardian clear their late arrival.
- Parents/Guardians have 3 options to excuse their students late arrival
- *walk their student up to the attendance windows
- *send student up with a note
- *call our 24 hour voice mail (951) 696-1408 x8743

<https://www.murrieta.k12.ca.us/Page/7953>



Don't forget your parking permits!:) They are issued through bookkeeping.

AUGUST

[For Website Activities page follow this link](#)

MVHS ACTIVITIES



MESSAGE FROM YOUR ACTIVITIES DIRECTOR

Welcome back Nighthawks!!

Looking forward to a terrific year!

A few August dates for you:

8/12-Senior Sunrise

8/19- Musical Review Show

8/22- Back to School Night

8/26- Home Football Game

Mr. Stratton

Activities Director

Murrieta Valley High School

951-696-1408 ext. 5259

mstratton@murrieta.k12.ca.us

ASB Clerk

Heather Karban

IT'S A GREAT DAY TO BE A
NIGHTHAWK!!

Let's go Nighthawks!!!

Murrieta
Rotary
Club



OUR CURRENT PROJECT

FIELD OF HONOR- MURRIETA TOWN SQUARE SIGN UP WILL COME SOON FOR ALL STUDENTS LOOKING FOR COMMUNITY SERVICE.

If you'd like to be a part of the Interact club stop by the front office to see

Adelle Lynton

Alynton@murrieta.k12.ca.us

JOIN INTERACT!!

***** We are also in need of
volunteers**

**June 10th for the Murrieta City
Special Needs Prom!!!**

LEADERS DON'T
CREATE FOLLOWERS
THEY CREATE
MORE LEADERS



AUGUST 2022

MVHS HEALTH SERVICES

HEALTH ANNOUNCEMENTS FOR STUDENTS



Student Immunization Records

You can access your student's school immunization record in your Aeries Portal during the school year, and print a copy for yourself. The school record contains immunizations required for school in California. A copy of your child's immunization record may be needed if you move out of the area or transfer to another school. Graduating seniors may need a printed record to take with them to college.

****Questions? Call 951-696-1408 ext. 5274**

Free take home test kits are available at the Welcome

Center booth (also known as the guard shack) at the front gate. They are one per student, just walk up to the window and ask.

Medications at School

Medications normally are best administered at home, but there are times when medication must be administered at school. If your child needs a medication during school hours please view our medication policy and procedure on our Murrieta Valley High School website or contact our school Health Office. Click on the link above for forms and information.

[Please visit our Health Services page by clicking here!](#)

Or call us we are here to help!

Health Office is open between 7:30AM – 3:00PM
951-696-1408 ext. 5257, or 5292 for the school Nurse.

Medications at School Link: [Health Services / Welcome](https://murrieta.k12.ca.us/HealthServices/Welcome)
(murrieta.k12.ca.us)

News

FROM OUR LIBRARY



[Click here to visit our library website!](#)

Library Hours
8:00AM - 4:00 PM

If you have not yet checked out your books please do, before school, during lunch or after school.

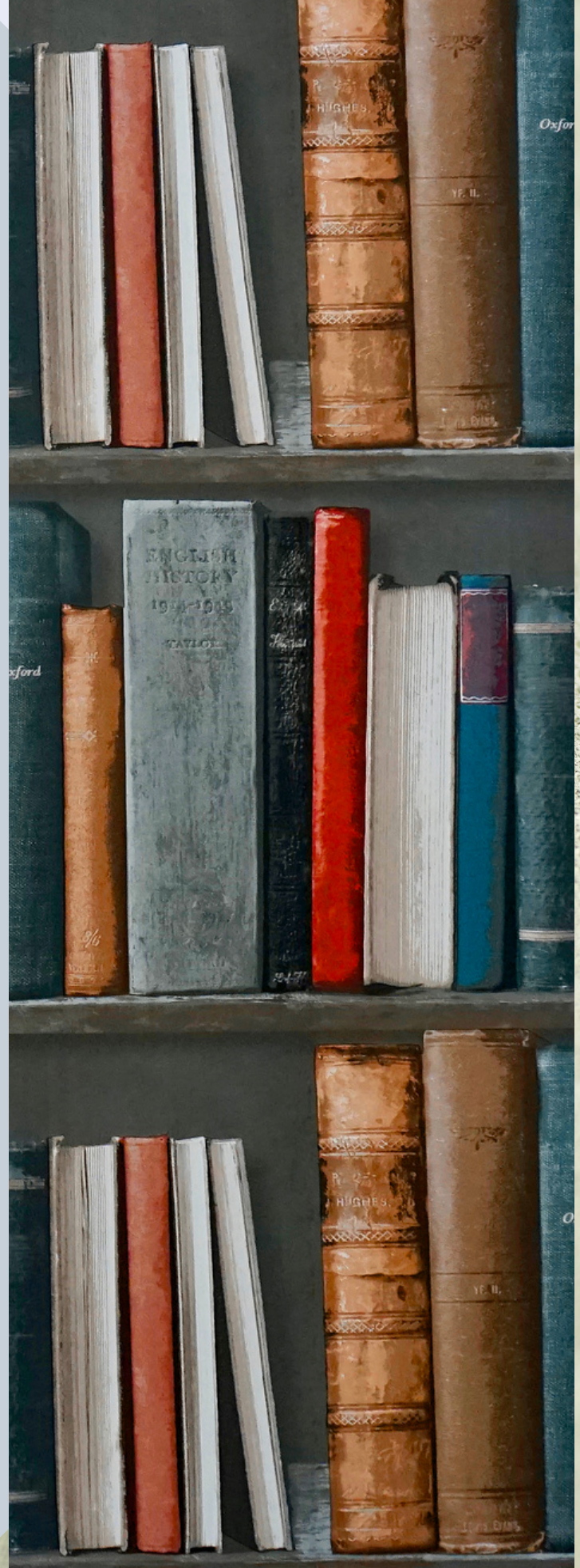
***BE SURE TO HAVE YOUR STUDENT ID WITH YOU.

THANK YOU!

Make it a great year!

Contact Mrs. Gaines

email: kgaines@murrieta.k12.ca.us



Murrieta Valley 2022-23

CONTACT US:

PRINCIPAL - RYAN TUKUA

AP -- STEPHEN DIEPHOUSE

AP - AMY IRWIN

AP - ANTHONY CALIFANO



COUNSELING:

RICK LOCKWOOD: A-D (SDC COORD)

JIM VANDENBURGH: E-L (NCAA/CTE COORD)

JULIE THORNBURG: M-Q (IB COORD)

NICOLE CASTRO: R-Z (AP COORD)

DINORA MENDOZA-MONTOYA: AVID, 504, EL

BETTY VELASQUEZ (GUID. TECH): A-K

VALERIE YOUNG (GUID. TECH): L-Z

ATHLETICS:

DARIN MOTT

KAREE MASON (SECRETARY)

ACTIVITIES:

GENIEL MOON, ACTIVITIES DIRECTOR

HEATHER KARBAN (ASB/ ACTIVITIES CLERK)

BOOKKEEPING:

KATHY LEFIELL

KAREN LAWRENCE

HEALTH OFFICE :

LUCY CARDENAS (NURSE)

CRIS GORRIA (HEALTH TECH)

NATALIE RIDDLE (SITE SECRETARY)

LORIE PINCHOT (AP SECRETARY)

VERONICA RUIZ (AP SECRETARY)

ADELLE LYNTON (AP SECRETARY)

*Go to our
website
for more info*